Mount Albert Grammar School YEAR 10 Course Selection 2025 for 2026

CORE SUBJECTS

All Year 10 students will be automatically entered for the following subjects

- English
- Mathematics
- Science
- Social Studies
- Physical Education 2 lessons per week for the whole year
- Students will also all study Health but it is chosen as one of the options below

OPTIONS

Students are to then choose up to 4 options from the Tables on the reverse of this document (total 8 lessons per week). **One of their options must be Health**.

Note: Each of the Table A subjects counts for 2 options

You can choose one of the following combinations between the tables

- 1. One subject from Table A and two from Table B or
- 2. One subject from Table A and two subjects from Table C or
- 3. **Four** subjects from **Table B** *or*
- 4. Two subjects from Table B and two subjects from Table C or
- 5. Four subjects from Table C.

SPORTS ACADEMIES

- Some of the Sports Academies can be chosen within the Table B options and will be taught throughout the day as part of the 8 option lessons.
- Students can only choose **one** of these Sports Academies from Table B without special exemption through the Director of Sports Academies (TeAroha Keenan: tearoha.keenan@mags.school.nz)
- If you are not already involved in the morning Sports Academy courses, then you should contact the Director of Sports Academies to discuss your options.

The Morning Academies are:

- Basketball Academy
- Hockey Academy
- Rugby Girls Academy

SEMESTER COURSES (Table C) – 4 periods per week for half a year

Decisions on which semester students will study the course will be determined by timetabling constraints.

- If a student wishes to choose Art for **one** semester only, they can choose **EITHER** 10AR1 **OR** 10AR2. The semester will be determined by timetabling constraints.
- If a student wishes to choose Art for the whole year, they should choose BOTH 10AR1 AND 10AR2

Mount Albert Grammar School YEAR 10 Course Selection 2025 for 2026

First name	Surname	Mentor Class

Courses for Year 10 in 2026

- * In 2026 all Year 10 students will study the core subjects: English, Mathematics, Science, Social Studies, and Physical Education and Health
- * All students will study Health as one of the Options below students select if they will study it as a Semester or full year option
- * Decisions on entry into Option subjects is made by the Head of Faculty based on the prior konwledge stated in SchoolPoint
- * Please refer to SchoolPoint for the prior knowledge for entry to the courses you wish to study.
- * Choose a combination of option subjects from **Table A and/or Table B and/or Table C** that will total **8 lessons per week** for the whole year. The 8 lessons **must include Health**
- * See the reverse of this handout to help you to understand the comination of courses you can choose from the tables to create 8 lessons per week.

Note:

Literacy

- * If you especially enjoy Art, you can take both Semesters for Visual Art courses in Table C (10AR1 and 10AR2).
- * Some subjects are offered in Table B and Table C to give you flexibility

AND/OR

- * Check that your total number of lessons adds up to 8 lessons per week for the whole year
- * The final placement of students in Academies is made by the Academy Directors and the Director of Sports
- ${\color{red}^{*}} \quad \text{For courses in Table C the time table constraints will determine if you study the course for the first semester or for the second semester or for the second semester.} \\$

your choice in Table A	
Table A (Whole year)
4 lessons per week for the	
whole year	

Make one choice to make 4 lessons if you

 choose from this table

 Chinese
 10CH1

 French
 10FR1

 German
 10GM1

 Japanese
 10JP1

 Te Reo Māori
 10RM1

 English Language
 10EL1

10LI1

✓ 2or 4 subjectsfrom Table B AND/OR Table B (Whole year)

2 lessons per week for the whole year	
Make either 2 choices to make 4 lessons or 4 choices to ma	ake 8
lessons if you choose from this table	

Dance Accelerate	10DNA	
Dance Boys	10DB1	
Dance Girls	10DG1	
Drama	10DR1	
Global Perspectives	10GP1	
Health (Boys)	10HB1	
Health (Girls)	10HG1	
Literacy	10LI2	
Music	10MU1	
Outdoor Education	100E1	
Chinese	10CH2	

Boys Rugby

10FR2 10GM2

10RU1

No.of lessons per week	No. of lessons per week	
om Table A →→	from Table B →→	

French

German Japanese

✓ 2 or 4 subjects from Table C

Table C (Half year)		
4 lessons per week for half	a year_	п
(semester)		Ш
Make 2 or 4 choices if you choose from this table		
Ag and Hort Science	10AG1	
Visual Arts (semester 1)	10AR1	
Visual Arts (semester 2)	10AR2	
Design and Photography	10DP1	
Economics & Sustainability	10ES1	
Finance & Enterprise	10FE1	
Global Perspectives	10GP2	
Health (Boys)	10HB2	
Health (Girls)	10HG2	
Media Studies	10MD1	
Music	10MU2	
Technology Product Design	10TP1	
Visual Communications	10VC1	

No. of lessons per week from		
Table C in first semester	→ →	

TOTAL LESSONS per week for

TOTAL LESSONS per week for the year Table A + Table B + Table C