

Student Sports Spotlight

The student sports spotlight feature returns for 2021 during the August/September COVID-19 lockdown. First up we will feature Year 12 swimmer Amber George. She has been nominated by deputy head girl and fellow swimmer Edie Ancell.

Amber has been one of Mount Albert Grammar's top swimmers during her time at school. This year she was the Intermediate Girls School swimming champ and broke a school record in the 100m backstroke. She also had a large amount of success at the North Island Secondary School meet where she won 10 medals.

We have asked Amber a few questions on her time swimming at Mount Albert Grammar and how she is handling the lockdown:



1. How did you get into swimming?

Through my club swimming coaches

2. What do you like best about playing sport at MAGS?

The sportsmanship. Everyone is always hyping everyone up and I love swimming in that environment.

3. Who has been your biggest influence and why?

Edie Ancell. She has stuck by my side from year 9 and I have swam every swimming competition at the school with her. She is my biggest encouragement.

4. To date what has been your biggest highlight in your chosen sport/s?

North Island Secondary Schools 2021 with MAGS. I got some of my best times through my stroke backstroke at this meet and came away with 10 medals and 15 top ten placings. (and was the funniest meet ever as I got to travel to Wellington with the team).

5. How have you managed to stay active during the lockdown period?

I have a friend with me. We are able to motivate each other so much, as we do exercise every single morning as we both want to be the best of the best when we go back to normal training. It's nice knowing that I can do things with her and not have to do it by myself because that is boring.

6. What has been the hardest challenge during the lockdown period?

I reckon having a balanced diet has been hard for me. It is very easy to dig into the chips when I want to be eating healthy because they are right there in the pantry, unlike a lunch box at school where you eat what you have.

7. What are you looking forward to the most after the lockdown period?

Getting back into my training and an actual routine, as I am used to training 9 times a week with 3 gym sessions. I feel like I am being lazy when I am not training.

8. What are your personal goals for the remainder of 2021 and beyond?

My goals are to get some really good times in backstroke. I would love to set some Auckland records, and make some New Zealand Squad Teams for 2022.