

Student Sports Spotlight Feature

This week we feature Year 11 student Ben Skelton. Ben represents the school in athletics, basketball and rugby. Earlier this year Ben was the joint Intermediate Boys Athletics Champion. At the Central/West Zone Athletics Championships, Ben came 3rd in both the Intermediate Boys Discus and Shot Put. He is a talented sportsman and is in both the Premier Boys Basketball and 1st XV squads. This is a great accomplishment for a student who is in Year 11.

In 2019 Ben won the Junior Victor Ludorum for the best performing junior sportsman at Mount Albert Grammar.



We asked him a few questions about his sporting journey and how he handled the lockdown period:

1. How did you get into the sport/s you currently play?

When I was watching the 2011 Rugby World Cup, was when I decided I want to play rugby.

2. What do you like best about playing sport at Mount Albert Grammar?

Getting to meet new people

3. Who has been your biggest influence and why?

Probably my parents for always keeping me grounded and taking me to all my trainings

4. To date what has been your biggest highlight in your chosen sport/s?

Either being a part of the MAGS Premier Basketball team last year when we came third at nationals. Also being selected for the Tournament Team for the U15 Nationals tournament.

5. How did you manage to stay active during the lockdown period?

By going for a 5km run every second day.

6. What was the hardest challenge during the lockdown period?

Staying motivated to keep pushing hard and staying fit even though it seemed like the sport season seemed so far away.

7. What are you looking forward to the most after the lockdown period?

Getting back to representing the Lion and play sport with my mates.

8. What are your personal goals for the remainder of 2020?

My goal for the rest of this year is to Play 5+ games for the 1st XV.