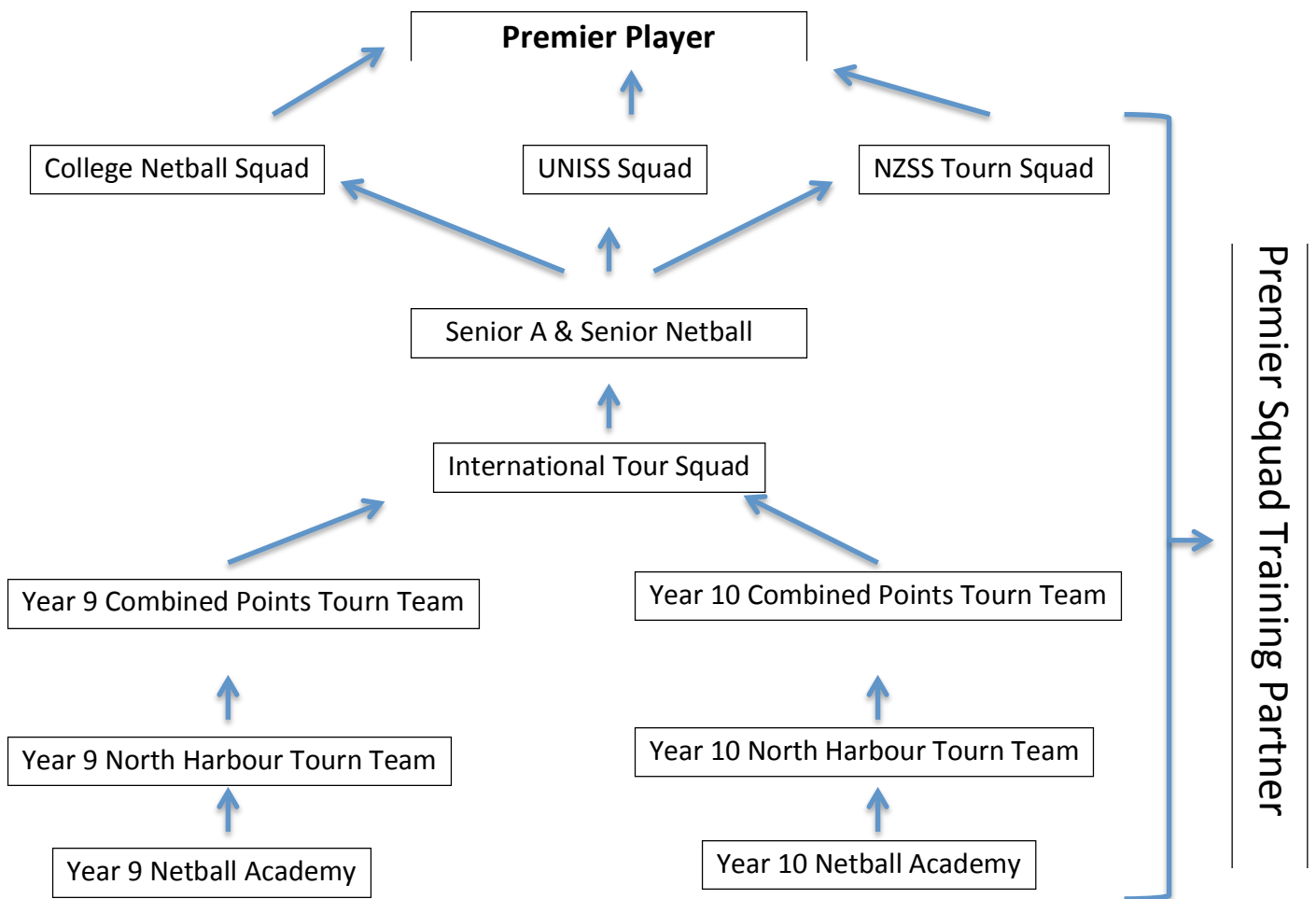


MAGS Netball Player Performance Pathway



At any time the player can make progress up or down the pathway. We encourage players to take any opportunity given to them.

Progress is determined by performances in Academy lessons, coach observations of game and training performances, academic progress, attendance at school and compliance with the MAGS Way.

We look for the following qualities in a high performance netball player:

- Personal responsibility
- Communication
- Commitment
- Coach ability
- Ability to apply skills into game situation
- Positive attitude
- Work ethic and own training
- Fitness – Yo-Yo score 15 minimum
- Injury Management
- Pro-activeness
- Putting the needs of the team before the needs of the player

Premier Squad

This squad comprises of 10 players.
It will include players from any age group.

The Premier team competes in the following competitions:
Auckland Secondary Schools Competition (Saturdays)
North Harbour Tournament
Combined Points Tournament
College Netball competition
UNISS
NZSS Finals

Trials for this squad will be in Term 1.

College Netball Squad

Comprised of 10 Premier Squad Players and 2 others (12 named players).
The 2 other players will be named on the team sheet for College Netball Games.
College Netball Games take place in Term 1 & 2 before the ANZ Champ games and are televised.

UNISS Squad

Comprised of 10 Premier Squad Players and 2 others (12 named players).
The 2 other players will be named on the team sheet for UNISS and attend winter tournament week (Term 3).

NZSS

Comprised of 10 Premier Squad Players and 2 others (12 named players).
The 2 other players will be named on the team sheet for NZSS and attend the national tournament in Term 3 holidays.

Premier Squad Training Partners

4 – 6 players will be selected at the beginning of each season.
Players will attend Premier Trainings on Thursdays, 6.45am-8am.

International Tour Squad

Comprised of 12 players from the Year 9 & 10 Academy.
This tour will be in Term 4.

Senior A

Comprised of 10-12 players.
The Senior A team will compete in the following competitions:

Auckland Secondary Schools Competition (Saturdays)
North Harbour Tournament

They will have combined trainings with the Premier Squad in Term 1 and will train at the same time as the Premier Team. They will be called in to train along with the Premier Squad during the season. Trainings tbc

Year 9 & 10 Academy

20 players in each squad who attend 2 Academy lessons during school time.

Year 9 & 10 North Harbour Squad

12 players in each squad.

Comprised of the best 12 players. Any Year 9/10 players that are in Senior A and Premier Squads may be included in these teams.

Year 9 & 10 Combined Points Squad

12 players in each squad.

Comprised of the best 12 players. Any Year 9/10 players that are in Senior A and Premier Squads may be included in these teams.

All athletes selected in these squads will be required to complete training logs on a program called Total Coaching. This enables us to monitor trainings, nutrition and communicate effectively with athletes. It also provides athletes to be pro-active in personal responsibility and communication - one of the key qualities required in high performance sport.

If at any time athletes selected in these squads fail to meet the expectations of MAGS Way and qualities outlined in this document they will be removed from the programme.